

## PNTSDF Definitions of Basic Round Dance Terms

**Step Selections** used in the Pacific Northwest Teen Square Dance Festival are based upon Roundalab (RAL) “Standards For Round Dancing” July 2019. The RAL manuals are more general and cover the use of all Round Dance rhythms. The PNTSDF uses only a selection of these rhythms. See rule 5327 for PNTSDF Rhythm Selection for each Division. Step Selections to be used in a particular Division are listed in Appendices C2 through C6.

### PREFACE

Specific limitations, if any, are given in the List of **Step Selections** for each different Category.

#### Objective:

The objective of the List of **Step Selections** is to provide a clear and concise list of the Terms and Cues used in the PNTSDF. There are seven (7) Components to describe what is happening during a Round Dance.

The specific meanings for each component of a “Round Dance” are (See Roundalab literature for more clarification):

- 1) **General Terms** (also called **Basic Terms**)  
A Term that applies to any Phase or Rhythm.
- 2) **Direction**  
Facing direction and the direction of movement are described in relation to a “circle” on the dance floor, that is, floor position. Up to Eight (8) floor positions are possible during a Round Dance, in relation to the extremities of the dance floor. Applies to any Rhythm at a particular Phase.
- 3) **Position** (see also **Glossary**)  
Position, as used in Round Dancing, refers to the relative orientation, including hand-hold of the man and woman (couple), relative to one another, as they execute the Figures. Applies to any Rhythm at a particular Phase.
- 4) **Action**  
Defined as motion without a weight change. Applies to any Rhythm at a particular Phase.
- 5) **Movement**  
Defined as motion that requires a step be taken with a resulting change of weight. Applies to any Rhythm at a particular Phase.
- 6) **Figure** (see also **Glossary**)  
A Figure is a specified movement or series of movements of the feet and body. Various amalgamations of Figures will make up a complete round dance. Figures usually span one measure, but may be defined for less than one, or more than one, measure. Applies to any Rhythm at a particular Phase.

7) **Styling and Dance Technique (see also Glossary)**

The manner in which Figures are danced. Styling should reflect the characteristics of the rhythm being danced and includes any embellishments (not changes) to the prescribed footwork, armwork, and postures that portray the personality and attitude of the dancers. The use of proper styling not only affects how a dancing couple looks to others, but greatly assists in executing Figures properly and easily. The importance of Styling is covered in depth in RAL Manuals.

The specific terms permitted in each Division are detailed in Appendices C2 through C6.

The purpose of the “Roundalab Phase Rating System” is to provide a method for rating basic round dance actions according to the degree of complexity. See RAL Standard page 3; July 2019.

General term definitions, from Roundalab “Glossary of Round Dancing” II. General Terms pages 5-18 included hereafter as Appendices C1-5 to C1-18.

## Segments of a Cue Sheet

### 1. **Introduction**

Is a short series of dance Figures leading into the main part of the Dance.

### 2. **Head Cue Lines**

Line containing the sequence of Figures (Cues) or key instructions for quick reference.

### 3. **Detailed Description**

Is an explanation of the Figures in the cue line, containing such essential information as floor alignment, body position, foot work, styling and timing.

### 4. **Ending**

Is a short series of Figures that finish the Dance.

### 5. **Bridge**

Is a short series of Figures, not more than Two (2) measures long, that connect major portions of the main part of the Dance.

### 6. **Interlude**

Is a series of Figures that also connect major parts of the Dance, but is more than Two (2) measures in length.

### 7. **Tag**

Is a short version of the Ending, usually One (1) measure.

Note: In addition to Phase and Rhythm, Choreographers should identify a Dance according to one of the following:

<b>EZ</b>	Easy
<b>AVG</b>	Average
<b>DIFF</b>	Difficult

### Some other Terms used in Round Dance Cueing

- A) Quick Cue (sheet)  
Is a Cue Card that contains only abbreviated Cues sufficient to accurately prompt the Dancers.
- B) Preferred Cue Term (Pct)  
Whenever two or more terms are used to describe the same motion, one is identified by RAL to be preferred over the other(s).
- C) Figure Family Concept  
Is the amalgamation of Figures in groups that ensures greater success by those learning (particularly at higher levels).
- D) Core (Figures)  
Is the grouping of Figures as a focal point for developing a lesson plan to be presented later in any progression.

**ROUNDALAB STANDARD**  
**Glossary of Round Dancing**

**II. GENERAL TERMS**

<b># Acknowledge</b>	ack
Courteous recognition of partner performed as dance directions indicate.	
<b>Across</b>	acrs
Movement across the direction of dance.	
<b>Action</b>	none
Motion without weight change.	
<b>Adjust</b>	adj
See Blend.	
<b>Amalgamation</b>	none
A sequential combination of two or more figures.	
<b>And</b>	&
Indicates a last half beat, an additional step to a single beat. Alternately may indicate a hold count or a preparatory command to start a dance or a dance figure.	
<b>Apart</b>	apt
Movement from partner without progression.	
<b>Arch</b>	none
A hand movement in which the man's and woman's designated hands are joined higher than the head in preparation for one or both partners to pass under the joined hands.	
<b>Around</b>	arnd
To continue a circular pattern in the direction of movement to a specified ending position and facing direction.	
<b>Away</b>	awy
Movement from partner with progression.	
<b>Back</b>	bk
Opposite the direction one is facing.	
<b>Backward</b>	bwd
Movement in the direction opposite to that one is facing.	
<b>Balance</b>	bal
The correct distribution of the weight of the body when dancing. [Also a figure used in various rhythms.]	
<b>Basic</b>	bas
A fundamental step and/or position peculiar to a given dance rhythm.	

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<b>Basic Class</b>	bas class
Sessions in which dancers are taught the positions, actions, movements and figures by use of drills, hash cueing, etc.	
<b>Beat</b>	bt
The regularly recurring pulse which constitutes the unit of time measurement in music.	
<b>Behind [Direction]</b>	bhd
One foot or person crossing or standing in back of the other.	
<b>Blend</b>	none
A smooth adjustment from one position to another.	
<b>Body Roll</b>	bdy roll
Circular motion of the upper body outside the base	
<b>Bounce</b>	none
A rising and falling action usually done with syncopated timing.	
<b>Break</b>	brk
To release position or hand hold.	
<b>Bridge</b>	brg
A part of the dance routine, not more than two measures, connecting major parts of the dance.	
<b>Change of Weight</b>	chg of wgt
The transfer of body weight from one foot to the other.	
<b>Chase</b>	chs
Any basic figure where one partner pursues the other.	
<b>Checking</b>	ckg
The action of stopping one line of motion in preparation for a new line of motion.	
<b>Choreographer</b>	none
One who arranges dance routines.	
<b>Choreography</b>	none
The arrangement of steps, figures and patterns into a routine to match the phrasing of a musical arrangement.	
<b>Circle</b>	circ
Moving forward in a circular pattern.	
<b>Clap Hands</b>	clap hnds
Can be used to mark time in place of steps.	

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<b>Classic</b>	none
A round dance routine which has been widely accepted and has endured the test of time.	
<b>Clinic</b>	none
An in-depth workshop of round dance figures, positions, etc.	
<b>Clockwise</b>	CW
Movement to the right or in the same direction as the normal movement of the hands of a clock.	
<b>Closed Turn</b>	cl trn
A turn that is danced with the feet closing on the second or third step.	
<b>Comma</b>	,
Denotes the end of a count or a beat.	
<b>Commence</b>	comm
To start or begin. May be used in association with a turn, action [e.g., rise], etc. within a movement or figure description. In movement and figure descriptions, the word "commence" should only be used when the described turn or action is started [commenced] on a given beat or weight change and completed on a later beat and/or weight change.	
<b>Complete</b>	comp
To finish or end. May be used in association with a turn, action [e.g., rise], etc. within a movement or figure description. In movement and figure descriptions, the word "complete" should only be used when the described turn or action is commenced on a given beat or weight change and finished [completed] on a later beat and/or weight change.	
<b>Continue</b>	cont
To proceed or keep going. May be used in association with a turn, action [e.g., rise], etc. within a movement or figure description. In movement and figure descriptions, the word "continue" should only be used when the described turn or action is commenced on a given beat or weight change, keeps going [continues] through at least one more beat/and or weight change and completed on a later beat and/or weight change.	
<b>Contra Body Movement</b>	cbm
The moving of the opposite side of the body toward the stepping foot either forward or back.	
<b>Contra Check Action</b>	none
Moving forward or backward to a checked position with opposite shoulder lead.	
<b>Count[s]</b>	ct[s]
A beat or beats of music.	
<b>Counter Promenade</b>	counter PROM
As used in cue terms, it is the ballroom equivalent for Reverse Semi-Closed Position in Round Dance terminology.	

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<b>Counterclockwise</b>	CCW
Movement to the left or in the direction opposite to the normal movement of the hands of a clock.	
<b>Counterpart</b>	none
Refers to the woman's part. Depending upon the dance position and footwork specified, woman uses the same or opposite foot as the man and moves in the same or opposite direction.	
<b>Couple</b>	cpl
Any two people dancing as a unit.	
<b>Cross Line of Dance</b>	XLOD
See Across.	
<b>Cross Reverse Line of Dance</b>	XRLOD
See Across.	
<b>Cuban Action</b>	none
The displacement of the hip from under the shoulder. The hip movement is usually side and back whether the body movement is forward or back.	
<b>Cue Sheet</b>	none
The written description or instructions for a round dance routine. ROUNDALAB Standard Cue Sheet Format should be used.	
<b>Cuer</b>	none
A person who prompts round dancers by announcing the upcoming actions, movements or figures of the dance while the dancers are performing the routine. These prompts are given in a timely manner, just prior to the dancers executing the prompted choreography.	
<b>Cues</b>	none
Abbreviated instructions for quick reference or to assist the dancer in remembering the routine. Cues are directed to the man with the woman doing the counterpart. Otherwise a cue word combination is used to indicate both parts.	
<b>Curve</b>	crv
To dance in a small arc while maintaining the initial forward or backward direction of travel.	
<b>Demonstration</b>	demo
Execution of a step, pattern, figure, or dance to show how it should be performed.	
<b>Diagonal[ly]</b>	DIAG
A direction between the four major dance directions. See section III.	
<b>Down beat</b>	dwn bt
The principally accented note of a measure of music.	



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<b>Drift Apart</b>	drift apt
An adjustment from a position close to partner to one where partners still have contact but are apart at arm's length.	
<b>End[ing]</b>	none
The pattern of steps, figures, or actions that ends a dance routine.	
<b>Exhibition</b>	none
A dance routine performed for an audience.	
<b>Explosion</b>	none
A sharp movement away from partner, usually with inside hands held, ending in open or left open position. Movement of free arm[s] is optional.	
<b>Facing</b>	fcd
To have one's front toward or in the direction of something [e.g., man facing Line of Dance]. May also mean partners are in front of each other [front to front]. The phrase "facing position" is sometimes used generically to indicate any position where partners are facing each other, with or without partner contact. This includes, but is not limited to: Butterfly, Closed, Left Open Facing, etc.	
<b>Fallaway</b>	falwy
A movement in which both man and woman are moving backward in semi-closed position.	
<b>Figure</b>	fig
A combination of dance steps or dance steps and actions that span one or more measures.	
<b>Flat</b>	none
No rise.	
<b>Float Apart</b>	float apt
See Drift Apart.	
<b>Follow</b>	none
To react appropriately to the movements and signals given by the leader, through one or more connections [visual and/or physical]. In dancing, the lead is generally assumed by the man.	
<b>Following</b>	none
The responsibility of the woman. The man leads, the woman follows.	
<b>Footwork</b>	none
A term to indicate the steps each partner takes.	
<b>Forward</b>	fwd
Movement in the direction one is facing.	

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<b>Frame</b>	none
The position of the upper body and top line [head, neck, shoulders, arms and hands] while in dance position. A good frame, in conjunction with the proper relationship of the lower body [hips, legs, and feet], provides the dance posture essential for good balance, leading, following, movement and appearance.	
<b>Free Foot</b>	free ft
The foot not supporting weight.	
<b>Free Hand</b>	free hnd
The hand not in contact with partner.	
<b>Freeze</b>	none
To hold; maintaining fixed body and foot position for the number of beats indicated.	
<b>Front [Direction]</b>	frnt
One foot or person crossing or standing ahead of the other.	
<b>Half Close [Step]</b>	1/2 cl
The free foot is brought almost to the supporting foot with partial weight on the ball of the foot resulting in a transfer of weight to the free foot. Occurs on the "and" count, as in 1&2 or 3&4 or Q&Q.	
<b>Head Cues</b>	hd cues
The preferred cue terms that are used in the ROUNDALAB Suggested Classic Cues. They also are on cue sheets above the figure descriptions, usually in 4 measure groups and bold print.	
<b># Heel Turn</b>	heel trn
A turn commencing on the heel of one foot with the free foot directly along side. The turn continues through the heel of the other foot as the second weight change is taken and then the weight is transferred to the ball of that foot [heel to toe] before the end of the figure.	
<b>Hesitation</b>	hes
Progression is temporarily suspended and the weight retained on one foot for more than one count.	
<b>Hold</b>	-
A beat of music for which no step or action is taken.	
<b>Hovering Action</b>	hvrng action
The moving or turning of the body is checked, while the feet remain almost stationary.	
<b>Hyphen</b>	-
Denotes a hold count or beat.	

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<b>In Place</b>	in pl
Shifting weight from one foot to the other without progression in any direction.	
<b>Inside Foot</b>	insd ft
The foot nearest partner when not facing directly toward or away from partner.	
<b>Inside Hand</b>	insd hnd
The hand nearest partner when not facing directly toward or away from partner.	
<b>Interlude</b>	intld
A part of the dance routine more than two measures long connecting major parts of the dance.	
<b>Introduction</b>	intro
Anything [including a wait] done to the music that precedes the first major phrase of the musical arrangement used for the dance.	
<b>Lady</b>	W
The preferred cue for woman that is abbreviated W to avoid confusion with left.	
<b>Lead Foot</b>	ld ft
Man's left foot, woman's right foot.	
<b>Lead Hand</b>	ld hnd
Man's left hand, woman's right hand.	
<b>Leading</b>	ldg
The art of directing a partner through a figure or routine. It is solely the man's responsibility.	
<b>Left</b>	L
If movement, to the left side.	
<b>Left Face</b>	LF
Turning in a counterclockwise direction.	
<b>Line of Progression</b>	line of prog
Direction the movement or flow of the dance is currently moving. May be Line of Dance or Reverse Line of Dance. In general, if the couple is in Closed Position or Semi-Closed Position facing the Wall or Line of Dance then the Line of Progression is counter-clockwise or Line of Dance.	
<b>Looking Circle</b>	looking circ
Partners facing Center of Hall, man standing behind and slightly to one side of his partner to observe while instruction is being given.	
<b>Mark Time</b>	mark tim
To step in place in time to the music.	

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<b>Measure of Music</b> [sometimes called a Bar]		meas of music
2/4 time	= two [2] beats	= one measure
3/4 time	= three [3] beats	= one measure
4/4 time	= four [4] beats	= one measure
6/8 time	= six [6] beats	= one measure

**Mixer** none  
A dance routine in which partners are changed at regular intervals.

**Modified** mod  
Indicates a change from the standard in an action, movement, figure, position, section of dance, music, etc.

**Modified Action, Movement or Figure** mod action, mvt or fig  
An action, movement or figure whose core execution is identifiable to a Phased action, movement or figure, but has one or more minor changes to the Phased action, movement or figure as it is defined. A Modified action, movement or figure is the same phase as the Phased action, movement or figure upon which it is based.

**Examples of changes include [but are not limited to]:**

1. mixing figures together [i.e. Traveling Box with a Twirl], or interrupting one figure with another [i.e. Lindy Catch with two Sweethearts],
2. using part of a figure [i.e. start the Alemana, Hover Cross ending],
3. extending a figure [i.e. extended Hover Cross, Rolling Off the Arm with wheel
4. truncating a figure [i.e. Left Turning Box ½, "into" a Pretzel Turn],
5. changing timing or syncopation [i.e. New Yorker in 4, Syncopated Vine].

The extent of changes shall not alter the character or difficulty of the action, movement or figure. More extensive changes may result in a different action, movement or figure which may be phased or unphased.

**Modified Music** mod music  
Modified Music is music with changes to copyrighted material that were made without obtaining proper permission. For example, removing measures from the middle of a song, or rearranging sections of the music.  
**NOTE:** There are acceptable adjustments that can be made to music without qualifying as Modified Music. Starting the music at a point other than the beginning of the music, stopping the music prior to the normal end of the music, and tempo changes are acceptable.

**Movement** mvt  
Motion that requires a step be taken with a resulting change of weight.

**Natural** nat  
See Right Face or Clockwise.

**Number[s]** #  
Numbers to the left of a description designate the measures being described. Numbers following cue terms designate the number of steps to be taken.



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<b>Open Turn</b>	op trn
A turn in which the third step passes the second step instead of closing.	
<b>Opposite</b>	opp
Used to describe counterpart, or footwork, in which, when the man uses his left foot or hand, the woman uses her right.	
<b>Outside Foot</b>	outsd ft
The foot farthest from partner when not facing directly toward or away from partner.	
<b>Outside Hand</b>	outsd hnd
The hand farthest from partner when not facing directly toward or away from partner.	
<b>Overturn</b>	ovtrn
More than the normal amount of turn in a turning figure.	
<b>Phased Action, Movement or Figure</b>	phd action, mvt or fig
An action, movement or figure that has been defined by ROUNDALAB and published in the ROUNDALAB Phase Booklets.	
<b>Phrase</b>	none
Commonly a passage of two or more measures of music.	
<b>Phrasing</b>	none
A group of steps or figures choreographed to the musical phrase.	
<b>Picture Figure</b>	picture fig
An action or movement where the majority of the activity centers around the frame of the couples dance position.	
<b>Position</b>	pos
A standard couple relationship used in round dancing and described in Section IV of this Glossary.	
<b>Preferred Cue Term</b>	PCT
The word or series of words designated as the ROUNDALAB official cue. Preferred Cue Terms are used when cueing to dancers and in the Head Cues on a cue sheet. The Preferred Cue Term for each Action, Movement or Figure is found on the far right side of the top line of each entry in the Phase Booklets and in the <i>Listing of Phase Rated Figures by Phase</i> and <i>Listing of Phase Rated Figures by Rhythm</i> .	
<b>Progressive</b>	prog
Movement either forward or backward along the Line of Dance or Reverse Line of Dance.	
<b>Promenade</b>	PROM
As used in cue terms, it is the ballroom equivalent of a tight [compact] "V". Semi-Closed Position in Round Dance terminology.	

# **ROUNDALAB STANDARD** **Glossary of Round Dancing**

<b>Quick</b> [as used in timing]	Q
A step or action taken on a given beat or fraction of a beat of music and followed without a hold by another step or action.	
<b>Reverse</b>	rev
See Left Face or Counterclockwise.	
<b>Reverse Line of Progression</b>	rev line of prog
The opposite direction the movement or flow of the dance is currently moving. May be Line of Dance or Reverse Line of Dance. In general, if the couple is in Closed Position or Semi-Closed Position facing the Center of Hall or Reverse Line of Dance then the Reverse Line of Progression is counter-clockwise or Line of Dance.	
<b>Rhythm</b>	none
Uniform movement with the beat of the music. The characteristic musical pattern that establishes the dance form such as Waltz, Foxtrot, Cha Cha, etc.	
<b>Right</b>	R
If movement, to the right side.	
<b>Right Face</b>	RF
Turning in a clockwise direction.	
<b>Round Dance</b>	R/D
The choreography of dance movements performed in a circle formation to a specific piece of music. A gathering for the purpose of Round Dancing.	
<b>Round Dancing</b>	R/D
Couples dancing in a circular formation using choreographed routines to definite arrangements of music, all couples doing the same steps at the same time. Many rhythms from folk and other dances are used.	
<b>Round of the Month</b>	ROM
A round dance selected by a dance organization to be taught during a month in the area of the organization's influence.	
<b>Round of the Quarter</b>	ROQ
A round dance selected by a dance organization to be taught during a three month period in the area of the organization's influence.	
<b>Running</b>	none
Execution of a figure that includes an extra step with syncopated timing.	
<u>NOTE:</u> Figures may include Open Natural, Hover, Spin Turn, etc. with the following timing: 1,2,&3; 1,&2,3; 1,2,3&; or SQ&Q; SQQ&; S&QQ, etc.	

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<b>Same</b>	none
Used to describe counterpart or footwork in which the man and woman use the same foot or hand, i.e., both right or both left.	
<b>Semicolon</b>	;
Denotes the end of a measure of music.	
<b>Seminar</b>	none
In round dancing, a meeting in which one or more persons conducts a presentation involving audience activity with the aim of developing talent and knowledge which will enhance the round dance activity.	
<b>Sequence</b>	seq
The order in which figures or dance actions are to be performed.	
<b>Shape</b>	none
Shape is a general term used to describe the use of sway, stretch and on occasion slight rotation to move one side of the body toward or away from the partner, or to angle the body core towards or away from the partner. The specific usage of shape differs depending on position, figure and/or choreography. Shape is used to enhance the appearance of a figure or to facilitate the transition to another figure. If the shaping is unknown to the dancer and/or is not accomplished, it would not prevent execution of the action, movement or figure that follows.	
<b>Side</b>	sd
To one's left or right, in the direction of the free foot.	
<b>Side by Side</b>	sd by sd
Partners are beside each other and are usually facing the same direction. The phrase "side by side position" is sometimes used generically to indicate any position where partners are both facing the same direction and are beside each other, with or without partner contact. This includes, but is not limited to: Open, Left Open, etc.	
<b>Slash</b>	/
Denotes a split beat.	
<b>Slot</b>	none
The term applied to a rectangular area on the floor in which one couple dances. It is usually slightly wider than the woman's shoulders and several feet long. West Coast Swing is an example of one rhythm that uses a slot.	
<b>Slow [as used in timing]</b>	S
In 4/4 time a step taken on one beat lasting through the following beat.	
<b>Smile</b>	none
The raising of the corners of the mouth. NOTE: As the level of concentration increases, this action may become more difficult to perform.	

# **ROUNDALAB STANDARD** **Glossary of Round Dancing**

<b>Soft</b>	none
A way of holding or moving the body or a part of the body in a relaxed, non-rigid position. In relation to knees, soft means relaxed or slightly flexed, not locked. Soft, in relation to arms, means toned but not rigid, tense or over-extended. Soft, in relation to styling, means a relaxed, smooth and graceful preparation, entry and exit to figures, movements and actions, as opposed to sharp or staccato motion.	
<b>Solo</b>	none
Partners execute steps of figure without contact.	
<b>Spot</b>	spt
A directive to perform the indicated figure without progression.	
<b># Spot Pivot</b>	spt pvt
A pivot with no progression. May be any number of steps. A couple movement.	
<b># Spot Turn</b>	spt trn
Individual turn with no progression.	
<b>Springing</b>	none
Taking a step by moving suddenly and rapidly.	
<b>Staccato Action</b>	none
Sharp, rapid movement in the feet, body or head.	
<b># Standard Introduction</b>	std intro
A Standard Introduction has a two measure wait and two measures for [in the appropriate rhythm] a step apart, point; step together to designated dance position and facing direction, touch;.	
<b>Stretch</b>	none
The elongation of the body, generally one side more than the other.	
<b>Styling</b>	none
The manner in which figures are danced. Individual and distinctive positions and movements accompanying the actual step placement.	
<b>Supporting Foot</b>	supporting ft
The foot bearing weight.	
<b>Syllabus</b>	none
A grouping of cue sheets and/or pertinent educational information about the material being taught at a weekend/festival/convention/etc. Other information may also be included [e.g., dance program, instructor biography, attendee list, etc.]. A syllabus is generally distributed in a paper or electronic format [e.g., CD].	



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<b>Syncopation</b>	sync
Temporary displacement of the regular metrical accent, caused typically by stressing the weak beats [e.g., 4 steps in 3 beats of music]. A figure with this timing can be cued "syncopated".	
<b>Tag</b>	none
See End[ing].	
<b>Tempo</b>	none
The speed at which music is played.	
<b>Tilt</b>	none
To lean or slant the body.	
<b>Toe Spin</b>	toe spn
A turn on the ball of one foot in which the body weight is kept slightly more forward than a normal spin. For example, the lady uses this technique on steps 5 and 6 of a Telespin.	
<b>Together</b>	tog
Movement toward partner.	
<b>Top Line</b>	none
A line created by the head, neck, shoulders, arms and hands. A top line occurs in many dance positions.	
<b>Trail</b>	trl
As applied to Hand or Foot, the opposite of Lead.	
<b>Transition</b>	trans
A change from opposite footwork to same footwork or from same footwork to opposite footwork.	
<b>Traveling</b>	trav
To proceed or advance in any direction. May also be used to describe a modification to a base figure, where the figure now includes additional movement and/or progression of the dancers and possibly one or more additional steps.	
<b>Triple</b>	trpl
The portion of the standard timing of a rhythm consisting of three steps taken on two beats of music [Q&Q or QaQ] as is characteristic of Jive, Cha Cha and other rhythms. Syncopations, like the chasses in Waltz and Foxtrot, are not considered to be triples.	
<b>Turn</b>	trn
A change of direction as indicated.	
<b>Turn Away</b>	trn awy
An individual movement turning right or left face from partner.	
<b>Turn In</b>	trn in
To turn toward partner or toward Center of Hall	

**ROUNDALAB STANDARD**  
**Glossary of Round Dancing**

<b>Turn Out</b>	trn out
To turn away from partner or toward the Wall.	
<b>Underturn</b>	undrtrn
Less than the normal amount of turn in a turning figure.	
<b>Unphased Action, Movement or Figure</b>	unph action, mov or fig
An action, movement or figure which is neither a phased action, movement or figure nor a modified action, movement or figure.	
<b>Up beat</b>	up bt
An unaccented beat in a musical measure, especially the last beat of the measure.	
<b>Woman</b>	W
Lady is the preferred term or cue. Confusion with the abbreviation for Left is avoided by using W for woman.	
<b>Workshop</b>	none
A session at which round dance routines are taught to dancers who are generally familiar with the round dance basic steps in the routine.	