

Cinnamon

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Record: "Cinnamon (single version)" by Derek Original length: 2:44
CD/"Rock Artifacts Vol. III from the Vaults of Columbia and Epic Records"
Legally downloadable from www.amazon.com and others Speed 43 RPM
Footwork: Opposite throughout (*woman in parentheses and italic*) -4.5%
Phase: Two Step ROUNDALAB Phase II+1 (Susie Q) Difficulty: Average Released June 16, 2023
Sequence: **Intro A B A B C D C A B C D 1-8 End**

INTRO

(BFLY WALL) **WAIT 2 MEASURES; ; APART, POINT; TOG, TOUCH;** (BFLY WALL)

1-4 BFLY WALL wait; wait; apart L, -, point R, -; tog R, -, tch L to BFLY WALL, -; SS; SS;

(BFLY WALL) **VINE 3 & TCH; WRAP 3 & TCH TO FACE LOD; TWO FWD TWO STEPS; ;** (NO HANDS LOD)

5-6 Sd L, XRib, sd L, tch R; sd R, XLib, sd R, tch L (W wraps LF undr ld hnds L, R, L, tch R) ending in WRP LOD; QQQQ; QQQQ;

7-8 Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R rel hnds, -; QQS; QQS;

PART A

CIRCLE CHASE; ; ; ; (OP LOD)

1-2 Both circle LF fwd L, cl R, fwd L to tandem pos, -; cont to curve fwd R, cl L, fwd R to end sd by sd fcg RLOD, -; QQS; QQS;

3-4 Cont curve fwd L, cl R, fwd L to tandem pos, -; complete curve fwd R, cl L, fwd R to OP LOD (*trn to fc LOD*), -; QQS; QQS;

TWO FWD TWO STEPS; ; HITCH 4; WALK 2 TO FC; (BFLY WALL)

5-6 Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -; QQS; QQS;

7-8 Fwd L, cl R, bk L, cl R; fwd L, -, fwd R to BFLY WALL, -; QQQQ; SS;

PART B

(BFLY WALL) **SUSIE Q; ; FACE TO FACE; BACK TO BACK;**

1-2 Swvlg RF on R X thru L, swvlg LF on L sd R, swvlg RF on R X thru L, flr R CCW;
swvlg LF on L X thru R, swvlg RF on R sd L, swvlng LF on L X thru R, -; QQS; QQS;

3-4 Sd L, cl R, sd L trng 1/2 LF to a Back-to-Back Pos, -; sd R, cl L, sd R trng 1/4 RF to OP LOD, -; QQS; QQS;

CIRCLE AWAY 2 TWO STEPS; ; STRUT TOGETHER 4; ;

5-6 Separating from ptr & mvng awy in circ pattern fwd L, cl R, fwd L, -;
Continuing circ pattern fwd R, cl L, fwd R to finish bth fcng RLOD [about 8 feet apt], -; QQS; QQS;

7-8 Trng 1/4 to fc ptr strut tog L, -, R, -; L, -, R to BFLY WALL **[2nd & 3rd tim to CP WALL]**, -; SS; SS;

Part C on back

PART C

(CP WALL) **LEFT TURNING BOX; ; ; ;** (CP WALL)

- 1-2 Sd L, cl R, fwd L (*bk R*) trn 1/4 LF, - ; sd R, cl L, bk R (*fwd L*) trn 1/4 LF, - ; QQS; QQS;
3-4 Sd L, cl R, fwd L (*bk R*) trn 1/4 LF, - ; sd R, cl L, bk R (*fwd L*) trn 1/4 LF, - ; QQS; QQS;

(CP WALL) **SIDE, CLOSE, 2X; SIDE, THRU TO FC CP WALL; SIDE CLOSE 2X; SIDE, THRU TO SCP;**

- 5-8 Sd L, cl R, sd L, cl R; sd L to SCP LOD, - , thru R to CP WALL; sd L, cl R, sd L, cl R; sd L to SCP LOD, - , thru R;
QQQQ; SS; QQQQ; SS;

PART D

(SCP LOD) **DOUBLE HITCH; ; SCOOT; WALK, 2;**

- 1-2 Fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ; QQS; QQS;
3-4 Fwd L, cl R, fwd L, cl R; fwd L, - , cl R, - ; QQQQ; SS;

VINE APART; VINE TOG TO FACE BFLY WALL; BASKETBALL TURN;

- 5-6 Sd L, XRib, sd L, tch R; sd R, XLib, sd R to fc ptr, tch L to BFLY WALL; QQQQ; QQQQ;
7-8 Sd L ckg, - , rec R trn RF to LOP RLOD, - ; cont fwd L ckg trng 1/4 RF, - , rec R cont RF trn to BFLY WALL, - ; SS; SS;

(BFLY WALL) **SIDE, DRAW, CLOSE; VINE 3 AND TCH; [TO RLOD] SIDE, DRAW, CLOSE; VINE 3 AND TCH;**

- 9-10 Sd L, drw R to L, - , cl R; sd L, XRib, sd L, tch R; QSQ; QQQQ;
11-12 [to RLOD] sd R, drw L to R, - , cl L; sd R, XLib, sd R, tch L; QSQ; QQQQ;

PROGRESSIVE BALANCE AWAY; AND TOG; BACK AWAY 3 AND TCH; BACK AWAY 3 AND TCH;

- 13-14 Stp DIAG L trng awy, sm stp sd R, cl L, - ; trn tog R, sm step side L, cl R, - ; QQS; QQS;
15-16 Bk awy L, R, L, tch R; bk awy R, L, R, tch L; QQQQ; QQQQ;

STRUT TOGETHER 4; ; SIDE, DRAW, CLOSE;

- 17-18 Fwd L, - , R, - ; L, - , R, - ; SS; SS;
19 Sd L, draw R, - , cl R; QSQ;

END

(BFLY WALL) **APART, POINT;**

- 1 Apt L, - , pt R, - ; SS;



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Phase 2+1 Two Step
 Choreographer: Erin Byars
 Music: Derek "Cinnamon (single version)"
 CD: Rock Artifacts Vol. III from the
 Vaults of Columbia and Epic Records
 Speed 43/-4.5%
 Released: June 16, 2023

Intro A B A B C D C A B C D 1-8 End

- Intro** BFLY WALL Wait 2 measures; ;
 Apart, point; together, touch to BFLY WALL;
 Vine 3 and touch; wrap to face LOD; two forward two steps; to NO HANDS;
- Part A** Circle chase; ; ; to OP LOD; two forward two steps; ; hitch 4; walk, and face BFLY;
- Part B** Susie Q; ; face to face; back to back;
 Circle away two two steps; ; strut together 4; ;
- Part A** Circle chase; ; ; to OP LOD; two forward two steps; ; hitch 4; walk, and face BFLY;
- Part B** Susie Q; ; face to face; back to back;
 Circle away two two steps; ; strut together 4; to CP WALL;
- Part C** Left turning box; ; ; ;
 Side, close, twice; side to SCP LOD, thru to face in CP WALL;
 Side, close, twice; side to SCP LOD, thru;
- Part D** Double hitch; ; scoot; walk, 2; vine apart 3 & touch; vine together 3 to face & touch;
 Basketball turn to BFLY WALL; ; side, draw, close; vine 3 and touch;
 (to RLOD) side, draw, close; vine 3 and touch;
 Progressive balance away; and together;
 Back away 3 and touch; back 3 more & touch; strut together 4; ; side, draw, close;
- Part C** Left turning box; ; ; ;
 Side, close, twice; side to SCP LOD, thru to face in CP WALL;
 Side, close, twice; side to SCP LOD, thru;
- Part A** Circle chase; ; ; to OP LOD; two forward two steps; ; hitch 4; walk, and face BFLY;
- Part B** Susie Q; ; face to face; back to back;
 Circle away two two steps; ; strut together 4; to CP WALL;
- Part C** Left turning box; ; ; ;
 Side, close, twice; side to SCP LOD, thru to face in CP WALL;
 Side, close, twice; side to SCP LOD, thru;
- Part D** Double hitch; ; scoot; walk, 2 to SCP;
 1-8 Vine apart 3 & touch; vine tog. 3 to face & touch; basketball turn; ;
- End** Apart, point;