

Part of the Heart of the Sky

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Record: "Part of the Heart of the Sky" by Dana Brightwood

Original length: 3:18

CD/"Ballroom Perfection"

Speed 46 RPM (+2.5 %)

Legally downloadable from Casa Musica

Released December 1, 2023

Footwork: Opposite throughout (*woman in parentheses and italic*)

Corrected January 5, 2024

Phase: Waltz ROUNDALAB Phase II+2 (Impetus, Interrupted Box) Difficulty: Moderate

Sequence: **Intro A B C A End**

INTRO

(CP LOD) **WAIT 2 MEASURES; ; begin LEFT TURNING BOX; ;**

1-2 CP LOD wait; wait;

3-4 Fwd L trng 1/4 LF, sd R, cl L (*bk R trng 1/4 LF, sd L, cl R*); bk R trng 1/4 LF, sd L, cl R (*fwd L trng 1/4 LF, sd R, cl L*);

(CP RLOD) **finish LEFT TURNING BOX; TO SCAR LOD; begin PROGRESSIVE TWINKLE; 3X; (SCAR LOD)**

5 Fwd L trng 1/4 LF, sd R, cl L (*bk R trng 1/4 LF, sd L, cl R*);

6 Bk R trng 1/4 LF, sd L, cl R (*fwd L trng 1/4 LF, sd R, cl L*) to SCAR LOD;

7-8 XLif (*XRib*), sd R, cl L to BJO LOD; XRif (*XLif*), sd L, cl R to SCAR LOD;

(SCAR LOD) **finish PROG TWINKLE; (BJO LOD) MANEUVER; (CP RLOD) TWO RIGHT TURNS; ; (CP WALL)**

9 XLif (*XRib*), sd R, cl L to BJO LOD;

10 Fwd R comm RF upper body trn, sd L cont RF trn to CP RLOD, cl R

(*bk L comm RF upper body trn, sd R cont RF trn to CP, cl L*);

11-12 Bk L start RF trn, sd R cont trn, cl L; fwd R cont trn, sd L cont trn, cl R ending CP WALL;

(CP WALL) **APART, POINT; TOGETHER CP WALL, TOUCH;**

9-10 Apt L, pt R, - ; tog R, tch L to CP WALL, - ;

PART A

(CP WALL) **DIP BACK; MANEUVER; IMPETUS TO SCP; THRU, FACE, CLOSE TO BFLY WALL;**

1 Dip bk L, - , - ;

2 Fwd R comm RF upper body trn, sd L cont RF trn to CP RLOD, cl R

(*bk L comm RF upper body trn, sd R cont RF trn to CP, cl L*);

3 Bk L comm RF upper body trn, cl R to L [heel trn] cont RF trn, fwd L comp trn (*comm RF upper body trn fwd R btwn M's feet heel to toe pivot-ing 1/2 RF, sd & fwd L cont RF trn around M brush R to L, comp trn fwd R*) to SCP LOD;

4 Thru R, sd L trng to BFLY WALL, cl R;

TWISTY BALANCES; ; TWIRL VINE TO SCP; PICKUP; (CP LOD)

5-6 Sd L, XRib (*XLif*), rec L; sd R, XLib (*XRif*), rec R;

7 Raise joined lead hands sd L, XRib, sd L (*sd & fwd R trng 1/2 RF under joined lead hands, sd & bk L trng 1/2 RF to SCP, sd R*);

8 Fwd R, sd & fwd L slight LF upper bdy trn ldng W to CP, cl R (*fwd L comm LF trn, fwd & sd R in frnt of M trng LF to CP, cl L*);

FORWARD WALTZ 2X; ; begin INTERRUPTED BOX; ;

9-10 Fwd L, fwd & slightly sd R, cl L; fwd R, fwd & slightly sd L, cl R;

11-12 Fwd L, sd R, cl L; bk R with slight RF upper bdy rotation and raising lead hnds, sd L leadg ptr to begin curvg RF under jnd lead hnds, cl R

(*bk R, sd L, cl R; fwd L with slight RF upper bdy rotation, curve fwd R comm full RF circle undr jnd lead hnds, curve fwd L*);

finish INTERRUPTED BOX; TO CP LOD; TWO LEFT TURNS; ; (CP WALL)

13-14 Fwd L, sd R, cl L to CP WALL; bk R, sd L, cl R

(*curve fwd R, curve fwd L, curve fwd R comp full RF circle to CP; fwd L to CP, sd R, cl L*);

15-16 Fwd L commence LF trn, cont trn sd R trng LF to fc WALL, cl L; bk R cont LF trn, cont trn sd L to fc WALL, cl R CP WALL

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SIDE DRAW LEFT, TOUCH; SIDE DRAW RIGHT, TOUCH TO BFLY WALL;

17-18 Sd L, draw R to L, tch R; sd R, draw L to R, tch L;

PART B

(BFLY WALL) WALTZ AWAY; AND TOGETHER; SOLO WALTZ TURN; ; (BFLY WALL)

1 With inside hands joined fwd L trng awy from ptr, sd & fwd R to a slight Back to Back pos, cl L;

2 Sd & fwd R trng to face ptr, side & forward L, cl R to BFLY WALL;

3 Fwd L comm LF trn away from ptr, cont trn sd R, cl L to complete 3/4 trn to fc RLOD;

4 Bk R comm LF trn, cont trn sd L, cl R to BFLY WALL;

BALANCE LEFT; AND RIGHT; WALTZ AWAY; CROSS WRAP (WRAPPED RLOD);

5-6 Sd L, XRib, in plc L; sd R, XLib, in plc R;

7 With inside hands joined fwd L trng awy from ptr, sd & fwd R to a slight Back to Back pos, cl L;

8 Maintaining & lowering trl hd hld fwd R comm RF trn, fwd L to Wrapped Pos compltg RF trn, cl R

(Maintaining & lowering trl hd hld & bringing R hnd in frnt of chest fwd L comm LF trn, fwd R to Wrapped Pos compltg LF trn, cl L);

BACK WALTZ; W ROLL ACROSS; (LOP RLOD) THRU TWINKLE TO OP LOD; FWD WALTZ;

9-10 Bk L, bk & slightly sd R, cl L; bk R, bk L, cl R *(roll LF twd WALL L, R, L to LOP RLOD);*

11-12 Fwd L comm trn to fc ptr, sd R comp trn, cl L to OP LOD; fwd R, fwd & slightly sd L, cl R;

LACE UP; ; ; ; (BFLY WALL);

13-14 Passing beh W *(in frnt of M)* w lead hnds jnd mvng diag across LOD fwd L, fwd R, cl L; fwd R, fwd L, cl R;

15 Passing beh W *(in frnt of M)* w trail hnds jnd mvng diag across LOD fwd L, fwd R, cl L to OP LOD;

16 fwd R, fwd L trng RF to BFLY, cl R;

TWIRL VINE TO SCP; PICKUP; (CP LOD)

17 Raise joined lead hands sd L, XRib, sd L to SCP LOD *(sd & fwd R trng 1/2 RF under joined lead hnds, sd & bk L trng 1/2 RF, sd R);*

18 Fwd R, sd & fwd L slight LF upper bdy trn ldng W to CP, cl R *(fwd L comm LF trn, fwd & sd R in frnt of M trng LF to CP, cl L) to CP LOD;*

PART C

(CP LOD) LEFT TURNING BOX; ; ; TO SCAR LOD;

1-4 Repeat Intro measures 3-6; ; ;

(SCAR LOD) PROGRESSIVE TWINKLE 3X; ; ; MANEUVER;

5-8 Repeat Intro measures 7-10; ; ;

(CP RLOD) TWO RIGHT TURNS; ; (CP WALL) TWISTY VINE; FORWARD, FACE, CLOSE;

9-10 Repeat Intro measures 11-12; ;

11-12 Sd L, XRib, sd L *(sd R, XLib, sd R trng LF)* to BJO LOD; fwd R trng to fc WALL, sd L, cl R;

(CP WALL) CIRCLE AWAY & TOGETHER; TO BJO WALL; WHEEL 6; TO CP WALL;

13-14 Circle LF *(RF)* L, R, L; cont circle R, L, R to BJO WALL;

15-16 Wheel L, R, L; R, L, R to CP WALL;

END

(BFLY WALL) CIRCLE AWAY; & TOGETHER TO BJO WALL; WHEEL 6; TO CP WALL;

1-4 Repeat Part C measures 13-16; ; ;

(CP WALL) CANTER; TWICE; APART, POINT;

5-6 Sd L, -, cl R; sd L, -, cl R;

7 Apt L, pt R, -;



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Phase 2+2 Waltz
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Intro A B C A End

- Intro** CP LOD Wait 2 measures; ; left turning box; ; ; to SCAR LOD:
Progressive twinkle 3X; ; ; maneuver;
Two right turns; to CP WALL; apart, point, together to CP WALL, touch;
- Part A** Dip back; maneuver; impetus to SCP LOD; thru, face, close to BFLY WALL:
Twisty balances; ; twirl vine to SCP; pick up to CP LOD;
Forward waltz; 2X; interrupted box; ; ;
Two left turns; ; side draw, touch left; and right to BFLY WALL;
- Part B** Waltz away; and together; solo waltz turn; ; balance left; and right;
Waltz away; cross wrap to RLOD; back waltz; roll W across;
Thru twinkle; blend to OP LOD fwd waltz; lace up; ; ; ; twirl vine to SCP; pickup;
- Part C** Left turning box; ; ; to SCAR LOD:
Progressive twinkle 3X; ; ; maneuver;
Two right turns; to CP WALL; twisty vine; forward, face, close;
Circle away; and together; BJO WALL wheel 6; to CP WALL;
- Part A** Dip back; maneuver; impetus to SCP LOD; thru, face, close to BFLY WALL:
Twisty balances; ; twirl vine to SCP; pick up to CP LOD;
Forward waltz; 2X; interrupted box; ; ;
Two left turns; ; side draw, touch left; and right to BFLY WALL;
- End** Circle away; and together; BJO WALL wheel 6 to CP WALL; ;
Canter; twice; apart, point;