

Lasso The Moon

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Music: "Lasso The Moon" by Aron Garret

CD: Premium Standard - Ballroom Fascination or single download at <http://www.casa-musica.de/>

Release Date: June 2013

Rhythm: Waltz

Phase: IV

Original Length of Music: 2:57

Music Modification: None

Sequence: Intro AB Int AB Int(mod) End

Footwork: Opposite for Woman unless otherwise noted / Exception Introduction Measures 1-6

INTRO (8 Measures)

- 1-4 **SKATERS POSITION DLC / RT FEET FREE & POINTED TO THE SIDE / WAIT; WAIT; CROSS PT & HOLD; CROSS PT & HOLD;**
- 1-2 (Wait; Wait) Hold intro position above for 2 measures;;
- 3-4 (Cross Pt & Hold; Cross Pt & Hold) BOTH XRIF of Lt, pt side with Lt, -; XLIF of Rt, pt side with Rt, -;
- 5-8 **SHADOW CROSS HVR 2X;; MAN THRU CHASSE ~ LADY ROLL 3 SCP; SLO SD LOCK;**
- 5-6 (Shadow Cross Hvr 2X) BOTH Fwd Rt with slight crossing action commencing to rise and beginning a 1/4 RF turn, side & slightly fwd Lt continuing to rise and completing the 1/4 RF turn, diagonally fwd Rt DLW lowering at the end of the step; Fwd Lt with slight crossing action commencing to rise and beginning a 1/4 LF turn, side & slightly fwd Rt continuing to rise and completing the 1/4 LF turn, diagonally fwd Lt DLC lowering at the end of the step;
- 7 (Man Thru Chasse ~ Lady Roll 3 SCP) Thru R commence trn to fc, sd L/clo R, sd & fwd Lt to SCP; (Fwd R trning RF, sd & bk L continuing RF trn, sd & fwd R to SCP;)
- 8 (Slo Sd Lk) Thru R, sd & fwd L to CP, XRIF of L trning slightly LF; (Thru L starting LF trn, sd & bk R continuing LF trn to CP, XLIF of R;)

PART A (16 Measures)

- 1-4 **1 LT TRN; HVR CORTE; SYNC BK TWISTY VN 4; BK WHISK;**
- 1 (1 Lt Trn) Fwd L commence 1/4 LF trn, continue turn sd R diagonal across line of progression trning 1/8 LF, clo L fc RLOD;
- 2 (Hvr Corte) Bk R starting LF trn, sd & fwd L with hovering action continuing body trn, rec R with right sd leading to Bjo; (Fwd L trning LF, sd & fwd R with hovering action, rec L with left sd leading to Bjo;)
- 3 (Sync Bk Twisty Vn 4) Bk L, sd R to fc ptr/XLIF, sd & bk R to Bjo;
- 4 (Bk Whisk) Bk L, bk & sd R, XLIF of R finishing in tight SCP;
- 5-8 **THRU & CHASSE BJO; FWD & CHASSE SCP; WHIPLASH; OUTSIDE SWVL SCP;**
- 5 (Thru & Chasse Bjo) Thru R commence trn to fc, sd L/clo R, sd & fwd L to Bjo;
- 6 (Fwd & Chasse SCP) Fwd R commence trn to fc, sd L/clo R, sd & fwd L to SCP;
- 7 (Whiplash) Thru R, trning body RF pt L holding ending in Bjo, -; (Thru L swiveling on L to fc ptr, pt R & hold, -;)
- 8 (Outside Swivel) Bk L in Bjo, XRIF of L w/ no weight, -; (Fwd R in Bjo, swivel RF on ball of R ft ending in SCP, -;)

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- 9-12** **WEAVE SCP;; SYNC VN SCP; THRU HVR BJO;**
- 9-10** (Weave SCP) Fwd R diagonal LOD & COH, fwd L commence LF trn, continue trning sd & slightly bk R to fc DRC; Bk L LOD leading ptr to step outside to Bjo, bk R continue LF trn, sd & fwd L DLW to SCP; (Fwd L DLC commence LF trn, continue to trn sd & slightly bk R to fc DRW, continue to trn sd & fwd L LOD; Fwd R LOD outside ptr to Bjo, fwd L LOD continue to trn, fwd R diagonal LOD to SCP;
- 11** (Sync Vn SCP) Thru R commence trn to fc ptr, sd L/XRIB, sd & fwd L to SCP;
- 12** (Thru Hvr Bjo) Thru R, fwd L with rise, bk R; (Thru L, fwd R with rise trning to Bjo, fwd L;)
- 13-16** **BK & BK/LK BK; BK HVR SCP; THRU & SEMI CHASSE; CHAIR & SLIP;**
- 13** (Bk & Bk/Lk Bk;) Bk L, bk R/lock L in front of R, bk R; (Fwd R, fwd L/lock R in bk of L, fwd L;)
- 14** (Bk Hvr SCP;) Bk L, bk R with rise, fwd L to SCP; (Fwd R, fwd L with rise trning to SCP, fwd R;)
- 15** (Thru & Semi Chasse;) Thru R, sd & fwd L/clo R, sd & fwd L SCP LOD;
- 16** (Chair & Slip;) Ck thru R with lunge action to a "Chair" position, rec L, with slight LF upper body trn slip R behind L continuing trn 1/4 to the left to CP DLC; (Ck thru L with lunge action to a "Chair" position, rec R, swivel LF on R and step fwd L outside Man's R ft to CP;)

PART B (16 Measures)

- 1-4** **VIENNESE TRNS;; TRN LT & CHASSE BJO; HESITATION CHG;**
- 1-2** (Viennese Trns) Fwd L commencing LF trn, sd R continuing LF trn, XLIF of R; Bk R continuing LF trn, sd L continuing LF trn, clo R to L to fc DLC; (Bk R commencing LF trn, sd L continuing LF trn, clo R to L; Fwd L continuing LF trn, sd R continuing LF trn, XLIF of R;)
- 3** (Trn Lt & Chasse Bjo) Fwd L commence Lf upper body trn, sd R continue trn/clo L, sd R completing trn to Bjo; (Lady Bk R commence L fc upper body trn, sd L continue trn/clo R, sd L complete trn to Bjo;)
- 4** (Hesitation Chg) Commence RF upper body trn stepping bk L to CP, sd R continuing RF trn, drw L to R;
- 5-8** **2 LT TRNS CPW;; CANTER 2X;;**
- 5-6** (2 Lt Trns) Fwd L commence 1/4 LF trn, continue trn sd R diag across LOD trning up to 1/4 LF, clo L; Bk R commence up to 1/4 LF trn, continue trn sd L toward RLOD trning 1/4 LF, clo R to CPW;
- 7-8** (Canter 2X) Sd L, draw R to L, clo R; Repeat;
- 9-12** **WHISK; WEAVE 1/2 IN 3 BJO; BK & CHASSE SDCR; CK FWD ~ LADY DEVELOP;**
- 9** (Whisk) In CPW fwd L, fwd & sd R commencing rise to ball of ft, XLIB of R continuing to fully rise on ball of ft ending in tight SCP;
- 10** (Weave 1/2 in 3 to Bjo) Fwd R DLC, fwd L commence LF trn, continue to trn sd & slightly bk R to Bjo fcing DRC; (Fwd L DLC commence LF trn, continue trn sd & slightly bk R, continue trn sd & fwd L to Bjo fcing DLW;)
- 11** (Bk & Chasse Sdcr) Bk L trning to fc ptr, sd R/clo L, sd & fwd R to Sdcr;
- 12** (Ck Fwd ~ Lady Develop) Fwd L outside ptr cking, -, -; (Bk R, bring left foot up to right leg to inside of right knee, extend left ft fwd;
- 13-16** **BK & CHASSE BJO; CK FWD ~ LADY DEVELOP; OUTSIDE CHG BJO; FWD & CHASSE SCP;**
- 13** (Bk & Chasse Bjo) Bk R trning to fc ptr, sd L/clo R, sd & fwd L to Bjo;
- 14** (Ck Fwd ~ Lady Develop) Fwd R outside ptr cking, -, -; (Bk L, bring right foot up to left leg to inside of left knee, extend right ft fwd;
- 15** (Outside Chg Bjo) Bk L, bk R trning LF, sd & fwd L to Bjo;
(Fwd R, fwd L trning LF, sd & slightly bk R to Bjo;)
- 16** (Fwd & Chasse SCP) Fwd R commence trn to fc, sd L/clo R, sd & fwd L to SCP;

INTERLUDE (2 Measures)

1-2 THRU & CHASSE TWIRL SCP; SLO SD LK;

- 1 (Thru & Chasse Twirl SCP) Thru R commence trn to fc, sd L raising joined lead hnds leading lady to twirl/clo R, sd L to SCP; (Thru L commence trn to fc, sd R commencing RF twirl/sd L continuing RF twirl, sd R to SCP)
- 2 (Slo Sd Lk) Thru R, sd & fwd L to CP, XRIB of L trning slightly LF; (Thru L starting LF trn, sd & bk R continuing LF trn to CP, XLIF of R;)

INTERLUDE mod (2 Measures)

1-2 THRU & CHASSE TWIRL SCP; THRU FC CLO CPW;

- 1 (Thru & Chasse Twirl SCP) Thru R commence trn to fc, sd L raising joined lead hnds leading lady to twirl/clo R, sd L to SCP; (Thru L commence trn to fc, sd R commencing RF twirl/sd L continuing RF twirl, sd R to SCP)
- 2 (Thru Fc Clo CPW) Fwd R between ptr with reaching step twd LOD, sd L to fc ptr, clo R blending to CPW;

END (7 Measures)

1-4 WHISK; WEAVE 1/2 IN 3 BJO; BK & CHASSE SDCR; CK FWD ~ LADY DEVELOP;

- 1 (Whisk) Repeat Part B - Measure 9'
- 2 (Weave 1/2 in 3 to Bjo) Repeat Part B - Measure 10;
- 3 (Bk & Chasse Sdcr) Repeat Part B - Measure 11;
- 4 (Ck Fwd ~ Lady Develop) Repeat Part B - Measure 12;

5-7 BK SD CLO CP LOD; CANTER COH; DIP BK ~ LADY CARESS MAN'S CHEEK;.

- 5 (Bk Sd Clo CP LOD) Bk R backing DRC, sd L blending to CP, clo R;
- 6 (Canter COH) Sd L, Drw R to L, clo R;
- 7 (Dip Bk ~ Lady Caress Man's Cheek) Step bk L with relaxed knee, -, -, (Step fwd R with relaxed knee bring R hand up to Man's cheek turning back of hand to face Man lightly caressing his cheek with the fingers of the R hnd,,;.