

B & C QUICKSTEP

Composers: Takao & Setsuko Ito

4-2-43 Honcho Odawarashi Kanagawaken 250-0012 Japan

Record : "BONNIE AND CLYDE" Special CD 「DANCE WITH ME Vol.4」

Rhythm : Quickstep(ph III+2) Speed : Slow to suit Date: June 2006

Footwork : Opposite, directions for man(lady as noted) Ver.1.0

Sequence : Intro - A - A - B - A - C - B - A - Ending



Meas INTRO

1~ 4 OP-FC/DW Wait;; Apt Pt; Pickup Tch(CP/LOD);

- 1- 2 OP-FC/DW lead foot free for both wait 2 meas;;
SS 3 (Apt Pt) Bk L,-,pt fwd twd partner,-;
SS 4 (Pickup Tch) Fwd R commence LF trn,-, tch L beside R fc LOD;

Meas PART A

1~ 8 Quarter Trn & Prog Chasse;;; Fwd Lk Fwd; Manuv Sd Cl; Pivot 2(Fc LOD); Walk 2;

- 1- 4 (Quarter trn & Prog Chasse) Fwd L,-,fwd R commence RF trn,-; Cont RF
SSQQS trn sd L,cont RF trn cl R fc RDW,sd & bk L,-; Bk R commence LF trn
SQSS fc wall,-,sd L,cl R; Sd & fwd L to contra Bjo fc DW,-,fwd R,-;
QQS 5 (Fwd Lk Fwd) Fwd L, XRIB of L, fwd L,-;
SQQ 6 (Manuv Sd Cl) Fwd R(W bk L)commence RF trn,-,cont RF trn sd L,cl R CP/RLOD;
SS 7 (Pivot 2) Bk L commence RF trn,-,cont RF trn fwd R fc LOD,-;
SS 8 (Walk 2) Fwd L,-,fwd R,-;

9~16 2 L Trns;; (CP/Wall)Whisk(3S);, SCP Chasse;; Thru Fc Cl; Twirl Vine 2; Walk & Pickup;

- 9-10 (2 L Trn) Fwd L commence LF trn,-,sd R cont LF trn,cl L to R; Bk R commence
SQSSQQ LF trn,-,sd L cont LF trn,cl R to L fc Wall;
SSS 11- (Whisk) Fwd L,-,sd & fwd R,-; XLIB of R SCP/LOD,-,
SQQS -13 (SCP Chasse) Thru R,-; Sd & fwd L,cl R, sd & fwd L,-;
SQQ 14 (Thru Fc Cl) Thru R,-,sd L fc partner,cl R;
SS 15 (Twirl Vine 2) Sd L lead W RF twirl,-,XRIB of L,-(W sd & fwd R commence RF trn
under lead hand,-,cont RF trn sd & bk L fc partner,-);
SS 16 (Walk & Pickup) SCP/LOD sd & fwd L,-,fwd R(W fwd L 1/2 LF trn),-;
※PART-A 2nd Time meas 16 Walk & Fc(no hands joined);
3rd & 4th Time meas 16 Walk 2 OP fc LOD(no hands joined);

Meas PART B

1~ 8 (Sync Twisty Vine)W Sd Front; M Sd Behnd; W Sd Behnd; M Sd Front; Charleston Crosses;; Chasse Bjo; Fwd Fwd Lk;

- (&S-) 1 (Sync Twisty Vine) Hold,-,-,-(W sd R/XLIF of R,-,-,-);
&S-(--) 2 sd L/XRIB of L,-,-,-(W hold,-,-,-);
--(&S-) 3 (Sync Twisty Vine) Hold,-,-,-(W sd R/XLIB of R,-,-,-);
&S-(--) 4 sd L/XRIF of L,-,-,-(W hold,-,-,-);
SS 5 (Charleston Crosses) Bfly/wall sd L swivel on ball of both feet,-,XRIF(W XLIF)
swivel on ball of both feet,-;
SS 6 (Charleston Crosses) Repeat meas 5 of part C;
QQS 7 (Chasse Bjo) Blend to cp sd L,cl R,sd L Bjo/DW,-;
SQQ 8 (Fwd Fwd Lk) Fwd R,-,fwd L, XRIB of L;

9~16 Fwd 2 Bjo; Fishtail; Fwd 2 Bjo; Fishtail;
Fwd Manuv Sd Cl,., Spin Trn(3S),,; Box Fin;

- SS 9 (Fwd 2 Bjo) Fwd L, -, fwd R, -;
 QQQQ 10 (Fishtail) XLIB of R, Sd R, fwd L, XRIB of L;
 SS 11 (Fwd 2 Bjo) Fwd L, -, fwd R, -;
 QQQQ 12 (Fishtail) XLIB of R, Sd R, fwd L, XRIB of L;
 SSQQ 13- (Fwd Manuv Sd Cl) Fwd L, -, fwd R commence RF trn, -; Cont RF trn sd L, cl R
 CP/RL0D,
 SSS -15 (Spin Trn) Bk L pivot 1/2 RF, -; fwd R between woman's feet heel to toe cont
 RF trn fc DW, -, sd & bk L (W fwd R between man's feet heel to toe pivot 1/2 RF, -;
 bk L cont RF trn brush R to L, -, sd & fwd R), -;
 SQQ 16 (Box Fin) Bk R commence LF trn, -, cont trn fc LOD sd L, cl R;

Meas PART C

1~ 8 Charleston;; Strut Walk 4;; Charleston;;Circle 4;;

- SSSS 1- 2 (Charleston) Fwd L, -, pt fwd R, -; Bk R, -, pt bk L, -;
 SSSS 3- 4 (Strut Walk 4) Fwd L, -, fwd R, -; Fwd L, -, fwd R, -;
 SSSS 5- 6 (Charleston) Fwd L, -, pt fwd R, -; Bk R, -, pt bk L, -;
 SSSS 7- 8 (Circle 4) Fwd L trning LF twd COH (W RF twd wall), -, fwd R cont LF (W RF) trn
 fc RL0D, -; Fwd L cont LF trn twd wall (W RF twd COH), -, fwd R twd partne, -;

9~16 Solo Roll 2; Chasse Bjo; Fwd Fwd Lk; Fwd 2;
Whaletail;; Walk & Fc; Sd Cl(no hands joined);

- SS 9 (Solo Roll 2) Sd & fwd L commence LF (W RF) trn, -, sd & bk R cont LF trn fc
 Partner and wall, -;
 QQS 10 (Chasse Bjo) Sd L, cl R, sd & fwd L bjo fc DW, -;
 SQQ 11 (Fwd Fwd Lk) Fwd R, -, fwd L, XRIB of L;
 SS 12 (Fwd 2) Fwd R, -, fwd L, -;
 QQQQ 13-14 (Whaletail) XLIB of R, Sd R, fwd L, XRIB of L; Sd L, cl R, XLIB of R, sd R;
 SS 15 (Walk & Fc) Fwd L, -, fwd R RF trn fc partner and wall, -;
 SS 16 (Sd Cl) Sd L, -, cl R fc wall no hands joined, -;

Meas ENDING

1~ 5 Charleston;; Circle 4 to Fc;; (Bfly/Wall)Apt Rec Hold(W
Flick); (CP/Wall)Corte;

- 1- 4 Repeat meas 5- 8 of part C;
 QQS 5 Bfly/wall Rk apt L, rec R, hold blend to CP, -(W rk apt R, rec L, right leg
 lift, -);
 S + (Corte) Bk L relaxing knee, -;